



Education and Sport Development

Department of Education and Sport Development
Departement van Onderwys en Sport Ontwikkeling
Lefapha la Thuto le Tihabololo ya Metshameko

NORTH WEST PROVINCE

PROVINCIAL MID YEAR

EXAMINATIONS 2019

GRADE 11

LIFE ORIENTATION

JUNE 2019

MARKS : 80

DURATION : 2Hrs



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INSTRUCTIONS TO LEARNERS

1. This question paper consists of 10 pages
2. Number your questions the same as in the question paper.
3. The paper consists of three (3) sections:
 - 3.1. Section A: 20 Marks compulsory
 - 3.2. Section B: 30 Marks compulsory
 - 3.3. Section C: 30 Marks (choose only TWO questions)
4. Write neatly, clearly and legibly.
5. Use a blue or black pen.
6. Read all instructions carefully before answering.
7. Make sure you have written down your name and surname
8. Answer each SECTION on a NEW page.



SECTION A

QUESTION 1

Four possible answers are given for each of the following questions/statements. Choose the most suitable answer from the alternatives given. Write down only the letter A – D next to the corresponding number e.g 1.1. F.

SECTION A

1.1 Goals becomes real when you.....

- A .Ask people for assistance
- B. Dream about them
- C. Take action by setting them
- D. Keep them in your head

1.2 Which one of the following is vital when building damaged relationships?

- A. trust
- B. respect
- C. understanding
- D. communication

1.3 Sexual harassment is.....

- A. The same as sexual violence
- B. Experiencing pressure for sexual favours in a work place
- C. Discrimination against women at work
- D. Being in conflict with your employer

1.4 South Africa has _____ level(s) of government.

- A. one
- B. two
- C. three
- D. four

1.5 The following type of leader encourages members of the team, organisation or population to contribute to the decision-making process.

- A. autocratic
- B. laissez-faire
- C. democratic
- D. authoritarian



1.6 The _____ investigates complaints against government officials.

- A. Auditor-General
- B. Commission for Gender Equality
- C. Independent Electoral Commission
- D. Public Protector

1.7 Which factor below is not a result of climate change.

- A. Burning of fossil fuel
- B. Severe droughts
- C. Latitude
- D. Desertification

1.8. Inhumane farming methods are.....

- A. When animals are without access to shelter during bad weather
- B. Where there is no such thing as respect for nature
- C. Where animals as part of the natural world are merely commodities to be exploited for example in factory farming
- D. Where a huge amount of animals waste is produced and often left untreated

1.9 Which one of the following types of exercise is not part of a warm –up exercise

- A. Shoulder shrug
- B. Torso stretch
- c. Sprints
- D. Hip circles

1.10 Intensity means.....

- A. The actual length of time you need
- B. Active and energetic
- C. How hard one should exercise to improve cardiovascular endurance
- D. Burning feeling in muscle

[10 ×1] [10]



QUESTION 2

Match the descriptions in column B with the concepts in column A.

Write only the correct letter next to each number in, e.g. 2.1. H.

COLUMN A	COLUMN B
2.1. Pesticides	A .small round mass of solid medicine for swallowing whole
2.2. Degratiion	B. Destroys and damages the Earth's surface
2.3. Climate change	C. They are given to animals to prevent diseases
2.4.Land pollution	D. Act of cutting down all trees in the area
2.5.Antibiotics	E. Medicines that destroy microorganisms
	F. Chemicals used to kill insects, weeds and germs that prevent the healthy growth of plants and crops
	G. Any significant long term change in the expected patterns of average weather of a region

[1x5][5]

QUESTION 3

Replace the following phrases with one WORD

- 3.1. It allows you to set out what you will do.
- 3.2. Provide people with the ways of thinking, ways of perceiving and interpreting the world.
- 3.3. Are the principles or rules that you think are essential, precious or worthy
- 3.4 The way people feel about and behave towards one another
- 3.5. Refers to sending a text message with pictures that are inappropriate

[1x5] [5]

TOTAL FOR SECTION A : [20]



SECTION B- COMPULSORY

QUESTION 4- DEVELOPMENT OF THE SELF IN SOCIETY

Read the extract below and answer questions that follow

BUILDING GOOD RELATIONSHIPS

Each person is different which may be due to their own circumstances. This can often lead to many differences. However, we must try to understand each other and adjust a little to make a healthy relationship with each other. When such differences arise between persons, it is the duty of their loved ones to keep them calm and guide towards the right path

Source: Unknown

- 4.1. In a tabular form **give** THREE rights and THREE responsibilities in a relationship. [3+3] [6]
- 4.2. **Explain** THREE strategies that allows a person to end an abusive relationship Safely [3x1] [3]
- 4.3. **Analyse** any THREE impacts of media on values and believes about relationships . [3x2][6]

TOTAL: 15

QUESTION 5- PHYSICAL FITNESS AND HEALTH PROGRAMME



5.1 **Define** Body Mass Index (BMI)

[1x2][2]

5.2 **List** THREE benefits of regular physical activity? [3x1][3]

5.3. **Suggest** any TWO strategies the community can use to promote physical activity . [2x2][4]

5.4. **Examine** how playing indigenous games can help in developing your leadership skills . Give THREE points. [3x2][6]

TOTAL: 15

TOTAL FOR SECTION B= 30

SECTION C : (Choose only TWO questions)

QUESTION 6- CAREERS AND CAREER CHOICES

Your answers must be in an essay form.



6.1 **Explain** the following options for financial assistance

Bursary

Study loans

Scholarship

[1x3] [3]

6.2 **Outline** THREE basic promotional requirements for NCS

[3x2][6]

6.3 **Discuss** any THREE benefits of getting a bursary as a financial assistance

[3x2][6]

TOTAL: 15



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QUESTION 7- SOCIAL AND ENVIRONMENTAL RESPONSIBILITY

7. Read the extract below and answer questions that follow. Your answer should be in an essay form.



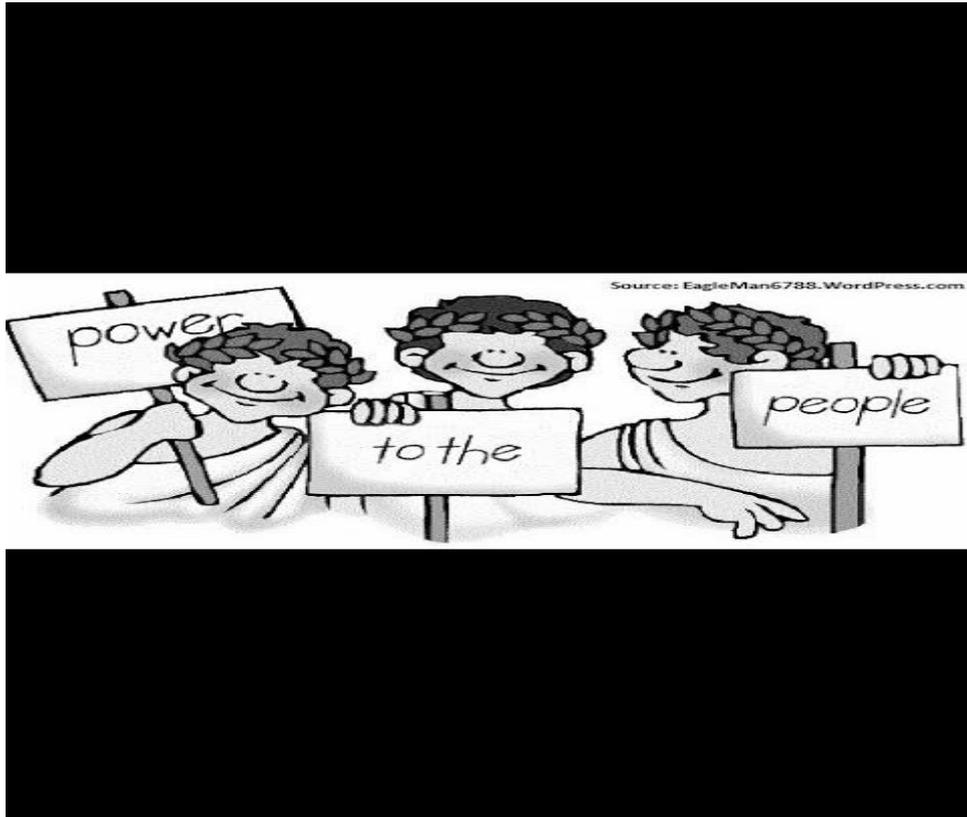
As citizens of South Africa, we are currently experiencing great changes when it comes to global warming, pollution and toxic substances that end up in our food and drinking water. In addition flora and fauna are disappearing from the places where we played when we were children, and natural resources are being depleted.

Source: Unknown

- 7.1 **Define** the word global warming [1x1][1]
- 7.2. **Explain** any TWO impacts of climate change on the world.
country [2x2][4]
- 7.3. **Discuss** any THREE things which can be done at home to mitigate the effect of climate change. [3x2][6]
- 7.4. **Suggest** any TWO strategies that the South African government can employ to reduce effect of climate change . [2x2][4]

TOTAL: 15

QUESTION 8: DEMOCRACY AND HUMAN RIGHTS



8.1 **Give** the explanation of the following terms:

8.1.1 Rule of law

8.2.1 Transparency

8.1.3 Accountability

[3x1][3]

8.2 **Identify** any FOUR government structures that the community can use to participate in the law making process of the country.

[4x1][4]

8.2 **Outline**, in FOUR points, the importance of transparency in a democratic government.

[4x2][8]

TOTAL: 15

TOTAL FOR SECTION C= 30

GRAND TOTAL = 80



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